



MOUNTAIN GIRLS LACROSSE

SPRING 2023 REGISTRATION NOW OPEN!

REGISTER AT [MOUNTAINLAX.COM](https://mountainlax.com)

GRADES I-8

ALL LEVELS WELCOME - NO PRIOR EXPERIENCE NEEDED!

PRACTICES SEVERAL TIMES A WEEK

KEY DATES:

- **Jan 30** MLAX Back to LAX Night, EHS Library at 6pm - Players and parents invited for an introduction to Mountain Lacrosse and more information on the spring season!
- **Jan 31** registration closes
- **Feb 21** practices begin
- **Mar 11** games begin
- **May 13/14** playoffs
- **May 20/21** championship

FOR MORE INFORMATION OR QUESTIONS EMAIL: [INFO@MOUNTAINLAX.COM](mailto:info@mountainlax.com)

